Precon -- Helping Administer to the Needs of the Student with Diabetes in School (H.A.N.D.S.SM)

Nancy Jones, BSN, RN, CDE  
Clinical Care Coordinator  
The Children’s Hospital at Albany Medical Center, Division of Pediatric Endocrinology  
East Niskayuna, NY  
JonesN1@mail.amc.edu

Learning Outcomes:  
As a result of participating in this educational activity, learners will be able to:  
- Summarize current knowledge and guidelines related to diabetes and diabetes management at school;  
- Identify the school nurse's role in developing and maintaining an individualized healthcare plan for safe, effective diabetes management at school;  
- Describe the management of hypoglycemia and hyperglycemia at school;  
- Apply knowledge about blood glucose and ketone monitoring to managing diabetes at school;  
- Describe the importance of nutrition and activity in diabetes management at school;  
- Describe the role of insulin therapy in effective diabetes management at school;  
- Identify issues unique to the school setting that can impact safe and effective diabetes management;  
- Identify the key school personnel who will require education about diabetes management; and discuss regional considerations that relate to diabetes management at school.

About the Session:  
H.A.N.D.S.SM is designed specifically for school nurses. It presents updated evidence-based information related to all aspects of diabetes management in the school setting with an emphasis on the development of the diabetes individualized healthcare plan. H.A.N.D.S.SM is presented by a school nurse and a certified diabetes educator team that bring clinical expertise and practical knowledge to enhance the value of the program to the participant. Participants also receive tools, forms, and resources in the participant manual that they can use to implement a diabetes management program in their schools. The forms' sections are also available to participants only via a web page download after the workshop.

Why this is important to a school nurse:  
The purpose of this activity is to enable the learner to enhance knowledge and skills related to care coordination of students with diabetes in school and to equip the school nurse with tools and resources to facilitate effective diabetes management at school.

Additional Author(s): Barbara D. Smith, RN, MPH, MEd, School Health Coordinator