Mental Health Training Intervention for Health Providers in Schools (MH-TIPS)

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Learning Outcomes:
As a result of participating in this educational activity, learners will be able to:

- Identify mental health best practices for delivery by school health providers;
- Proficiently use specific strategies and skills to promote positive and supportive interactions for student mental health issues; and
- Proficiently use specific mental health intervention best practices for delivery by school health providers.

About the Session:
Mental Health Training Intervention for Health Providers in Schools (MH-TIPS) is an innovative in-service training and implementation support system for school health providers aimed at enhancing competence in managing the needs of students with or at risk for emotional and behavioral difficulties that interfere with learning. MH-TIPS was developed by the Center for School Mental Health at the University of Maryland School of Medicine in partnership with the National Association of School Nurses and the Center for Mental Health Services in Pediatric Primary Care at the Johns Hopkins Bloomberg School of Public Health. MH-TIPS training program includes components linked to the context of school nurses with respect to student mental health issues including: 1) Strategies and Skills to Promote Positive and Supportive Interactions for Student Mental Health Issues; 2) Mental Health Identification and Assessment; 3) Mental Health Referral and Resource Mapping; 4) Mental Health Crisis Response and Safety Assessment; 5) Mental Health Intervention Best Practices for Delivery by School Health Providers, and; 6) Psychotropic Medication.

The session builds on the MH-TIPS online training program and provides participants with in-depth behavioral practice and expert coaching in mental health best practices for delivery by school health providers. Participants will receive an overview of the MH-TIPS training content and concentrated training in strategies and skills to promote positive and supportive interactions for student mental health issues and mental health intervention best practices for delivery by school health providers. Participants will engage in in-depth behavioral practice of these skills and receive expert coaching and feedback.

Why this is important to a school nurse:
The purpose of this activity is to enable the learner to practice strategies and skills that promote positive and supportive interactions for student mental health issues and to deliver the core components of mental health screening, assessment, and intervention appropriate to the school nurse role and context.

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